Supported Living Demand and Need in Leicestershire

Update April 2023

Introduction

This update follows on from previous information published in October 2022 and January 2023. A further quarterly update is due in Summer 2023.

This document includes;

- details around the supply and demand for Supported Accommodation in Leicestershire, including pipeline developments, due to be available within the next 2 years. We have provided detail of these updates, alongside existing provision, to aid providers/developers understanding of the current market across Leicestershire.
- details around demand for additional Nursing Care provision across Leicestershire.
- upcoming arrangements for supported living contracts from Leicestershire County Council and:
- highlights around CQC's strategic direction for new supported living services for working age adults with a learning disability and/or autism. This includes guidance around design, location, and size of new supply of supported accommodation.

1. Brief Overview of Need

Those with learning disability remain the highest category of service user living within Supported Accommodation.

However, general areas of growth for Leicestershire include:

- those with mental health conditions, with a focus on recovery, resilience, and support with substance misuse and step through accommodation to support hospital discharges
- young adults with disabilities (transitions), aged 16-20, in particular step through provision
- individuals who require fully accessible wheelchair accommodation, including for those with bariatric needs
- older adults with a learning disability who have additional needs (dementia, substance misuse, mobility issues)
- individuals who previously came under the umbrella of the Transforming Care Programme (TCP) now referred to as complex need/Learning Disability and Autism
- smaller developments (8 units or less)

As previously stated in the Oct 2022 and January 2023 statement, due to the number of current pipeline developments planned across the County in 2023, no further developments will be considered for 2023 (unless stated in section 3 of this document as required as an urgent or specific need).

In general, Charnwood (Loughborough), North-West Leicestershire (Coalville) and Hinckley remain the areas which see the highest demand but more recently Harborough District and

Melton Borough has also seen demand increase. Melton, has a particular lack of supply for those requiring fully wheelchair accessible supported accommodation.

2. Supply

2.1 Existing Supported Living Supply in Leicestershire

Current Units per Locality

The following data includes a mix of accommodation provision, including in-house Leicestershire County Council services but does not include sole tenancy properties.

| | Total |
|-----------------------|-------|
| Blaby | 42 |
| Charnwood | 199 |
| Harborough | 113 |
| Hinckley and Bosworth | 153 |
| Melton | 46 |
| NW Leicestershire | 24 |
| Oadby and Wigston | 61 |
| Out of County | 3 |
| City | 14 |
| Total | 655 |

2.2 New Supply - Planned Supported Accommodation Developments 2023 - 2024

This does not include Extra Care Schemes

| Locality Pipeline in 2023 | Confirmed | Confirmed (subject to planning) | Potential units (subject to LCC Strategy and/or discussions with Providers/Developers | TOTAL |
|-----------------------------|-----------|---------------------------------------|--|-------|
| Blaby, Oadby and Wigston | | 10 | 12 | 22 |
| Charnwood | 5 | | | 5 |
| Harborough | | | | |
| Hinckley & Bosworth | 5 | | | 5 |
| Melton | | | | |
| NW Leics | | | | |
| TOTAL UNITS FOR | | | | 32 |
| 2023 | | | | |

Pipeline Units per Cohort in 2023

| General | 10 |
|--|----|
| Young Adults with Disabilities (transitions) | 10 |
| Mental Health | 12 |
| Complex/Challenging Needs | 0 |

| Locality Pipeline in 2024 | Confirmed | Confirmed (subject to planning) | Potential units (subject to LCC Strategy and/or discussions with Providers/Developers | TOTAL |
|------------------------------|-----------|---------------------------------------|--|-------|
| Blaby, Oadby and | 14 | | | 14 |
| Wigston | | | | |
| Charnwood | 16 | | 11 | 27 |
| Harborough | | | | |
| Hinckley & Bosworth | | 7 | | 7 |
| Melton | | | 6 | 6 |
| NW Leics | 15 | 10 | 14 | 39 |
| TOTAL UNITS FOR | | | | 93 |
| 2024 | | | | |

Pipeline Units per Cohort in 2024

| General | 72 |
|--|----|
| Young Adults with Disabilities (transitions) | 10 |
| Mental Health | 11 |
| Complex/Challenging Needs | |

3. Demand

In the financial year 22/23, 131 individuals moved into a new supported accommodation, or moved from one supported living tenancy to another. Past referral figures (April 2021-March 2023) show that, on average, we receive 16 to 20 referrals per month into the Pathway to Supported Living (PSL) team. Most of these referrals have been matched to existing supply and some are being considered via the Dynamic Purchasing System (DPS) commissioning process.

3.1 Current Demand

Leicestershire County Council manages requests for Supported Living. These individuals may not require accommodation immediately, they may require a move in the future (6-18 months plus). At any time, there are a number of these 'active referrals', which is currently (as of 31.3.23) at 118. It is anticipated that some of these individuals will find accommodation from within the above pipeline developments, shown in Section 2.

The two tables below show the different needs within this group and where they are currently living.

Client group

| Learning Disability / Autistic Spectrum Disorder | Mental Health | Physical Disability (includes ABI*) | Other, e.g., social isolation |
|--|---------------|-------------------------------------|-------------------------------|
| 76 | 37 | 4 | 1 |

^{*}ABI = Acquired Brain Injury

Current accommodation

| Residential Care | Hospital Setting | Children's Residential Home/ Residential College | Family Home | Own home/tenancy | Other/Unspecified |
|---------------------|---------------------|--|----------------|------------------|-------------------|
| 22 | 16 | 5 | 41 | 4 | 30 |

3.2 Anticipated Future Demand

As stated above, due to an increase in activity around Supported Accommodation in the last two years, there are several pipeline developments coming on stream across the County in 2023.

For the short to medium term (2024-2025), we are currently seeking:

- Smaller developments in general, ideally 8-10 max (this is currently under review)
- the inclusion of fully wheelchair accessible spaces within any new development.
- Internal space standard of 47 sqm for a one-bedroom apartment and 56 sqm for a wheelchair accessible apartment to be achieved as far as is viable on a particular site
- Locations with good public transport links, off road parking and where possible, external space for tenants
- Locations with accessible links to wider community resources and amenities.
- Details of Leicestershire's guidance on Supported Accommodation please see https://resources.leicestershire.gov.uk/adult-social-care-and-health/working-with-the-council/providing-supported-living-accommodation

There is continued challenge particularly within shared accommodation where a number of voids exist. Therefore, potential new shared supply should factor in whether this is a sustainable offer given the changing profile of demand:

- Younger adults with emotional behaviour support needs and mental health
- Reduced mobility and requirements for fully wheelchair accessible, bariatric needs and/or ground floor/level access facilities
- Internal/external communal space(s) and how utilised
- Adequate sound insulation and adequate storage

3.2.1 Specific Future Demand

It is anticipated that some individuals will not find accommodation within the current planned pipeline developments (section 2), and we therefore require the following in addition:

| Mental Health | We are seeking two developments for this group. One step down development to a maximum of 8 units (self-contained). Preferred locations: South of the County. Plus, one settled development. Future support service provided to ensure specialist skill in supporting individuals with recovery, resilience, substance misuse. |
|--|---|
| Complex need /Learning Disability and Autism (formerly referred to as Transforming Care Programme) | We are seeking one development for this group. The development must be a maximum of 6 units (self-contained), well located and easily accessible for support staff via public transport. Any area of the County will be considered. We are seeking a Step Down or Settled development (depending on the outcomes of current pipeline schemes) |
| Learning Disability | We are seeking 1 Settled development for this group. Maximum of 6 units. Preferred location: Market Harborough |

4. Nursing Care

The local authority is producing a Market Sustainability Plan that contains details of emerging needs for an increase in the provision of nursing beds in residential care homes, across the County.

There are many complex factors affecting this sector and a Nursing Bed Strategy will be produced by the authority. In the interim, we would be interested to be informed of any potential opportunities to address this undersupply that you (or your contacts) may be able to explore.

For all potential development opportunities, we ask that you continue to advise SCIP by emailing us at scip@leics.gov.uk at the earliest stage.

5. Upcoming changes to the arrangements for supported living contracts from Leicestershire County Council

The commissioning arrangements for Supported Living support services currently in place (Dynamic Purchasing System) will remain for the foreseeable future. For details and any questions around supported living support services please contact the Lead Commissioner for Working Age Adults, who can be contacted via ascengage@leics.gov.uk. Details of the Dynamic Purchasing System and how to apply can be found here -

https://resources.leicestershire.gov.uk/adult-social-care-and-health/working-with-the-council/become-a-supported-living-provider-for-leicestershire and are also advertised via www.sourceleicestershire.co.uk

6. CQC - Supported accommodation and support for people with autism and/or learning disability

CQC has updated its expectations around the registering of new supported living services for the above group. They expect all Providers, existing and future, to understand their regulatory approach, national policy, current best practice, and principles of good,

supported accommodation, as set out in Right Support, Right Care, Right Culture. https://www.cqc.org.uk/sites/default/files/2022-06/900582%20Right%20support%20right%20care%20right%20culture_v5_0.pdf

In particular around the size, setting and design of the service to meet people's expectations must align with current best practice. The following (among other) principles are highlighted:

- People who use services, and their families and representatives, are involved in the design of the service. Providers should explain how they have taken account of their preferences.
- The service is in the local community or has good access to the local community and its amenities. It is not in secluded grounds or geographically isolated.
- The size, scale (number of beds) and design of the premises:
 - o do not compromise the quality of care, people's safety, or their human rights
 - o allow people's dignity and privacy to be maintained
 - o facilitate person-centred care
 - o are in line with current best practice guidance
 - o are not developed as a new campus or congregate setting
- Within the premises, the environment:
 - o will not feel impersonal and intimidating
 - o will not feel institutional
 - o maintains people's dignity and privacy
 - o meets people's sensory needs and preferences.