

FOOD FOR LIFE: THE WHOLE SCHOOL APPROACH IN LEICESTERSHIRE

Changing food culture in Leicestershire schools and the wider community since 2013



204 LEICESTERSHIRE SCHOOLS WORKING WITH FOOD FOR LIFE
169 PRIMARY SCHOOLS
29 SECONDARY SCHOOLS
6 SEN SCHOOLS

19%

OF CRITERIA SUBMITTED SINCE **2021** RECOGNISED AS BEST PRACTICE

OVER **3,325**

CRITERIA SUBMITTED SINCE 2014

90 BRONZE SCHOOL AWARDS 

63 SCHOOLS WORKING TOWARDS BRONZE 

24 SILVER SCHOOL AWARDS 

77 SCHOOLS WORKING TOWARDS SILVER 

4 GOLD SCHOOL AWARDS 

out of 7 across the UK

41 SCHOOLS WORKING TOWARDS GOLD 

T U R E


106 schools are reducing inequalities by actively monitoring and taking action to increase **Free School Meal** uptake

Enabling happy lunchtimes for **29,219** pupils. **108** schools promote calm and positive dining spaces 

42 schools actively discourage unhealthy lunchboxes, and **30** schools have a food policy signed off by governors

27 schools have achieved **90%** free school meal uptake or improved uptake by **20%**

9 schools have taken **considerable measures** to **increase** food consumption and **reduce** food waste 

In **9** schools, at least **50%** of their KS2 pupils have school meals 

26,716 pupils across **95** schools discuss healthy and sustainable food 

Over **27,000** pupils in **102** schools are gaining life skills, cooking healthy dishes, growing and composting, all linked to wider learning

35 schools explore the ethical and environmental considerations of food sourcing and link this **back to school meals**

11,595 pupils in **47** schools are cooking with school grown, organic, seasonal fruit, vegetables and herbs – supporting positive **healthy eating** behaviour

Pupils in **9** schools create recipes and spend 12 hours cooking in school per year

11 schools connect with farms and orchards, **witnessing seasonal changes**, exploring soil biodiversity and food production to enhance the curriculum with **lived experiences**

COMMUNITY AND PARTNERSHIPS

Parents and carers at **93 schools** engage in school-hosted cooking and growing activities

40 families have been supported to grow fruit and vegetables and cook school recipes at home

9 schools now provide cooking classes for parents outside school hours, normalising cooking from scratch in the wider school community

LEICESTERSHIRE TRADED SERVICES AND FOOD QUALITY

Each day, **25,712** meals across **174** sites are cooked from scratch with no additives or trans fats

Menus are designed to prioritise in-season produce



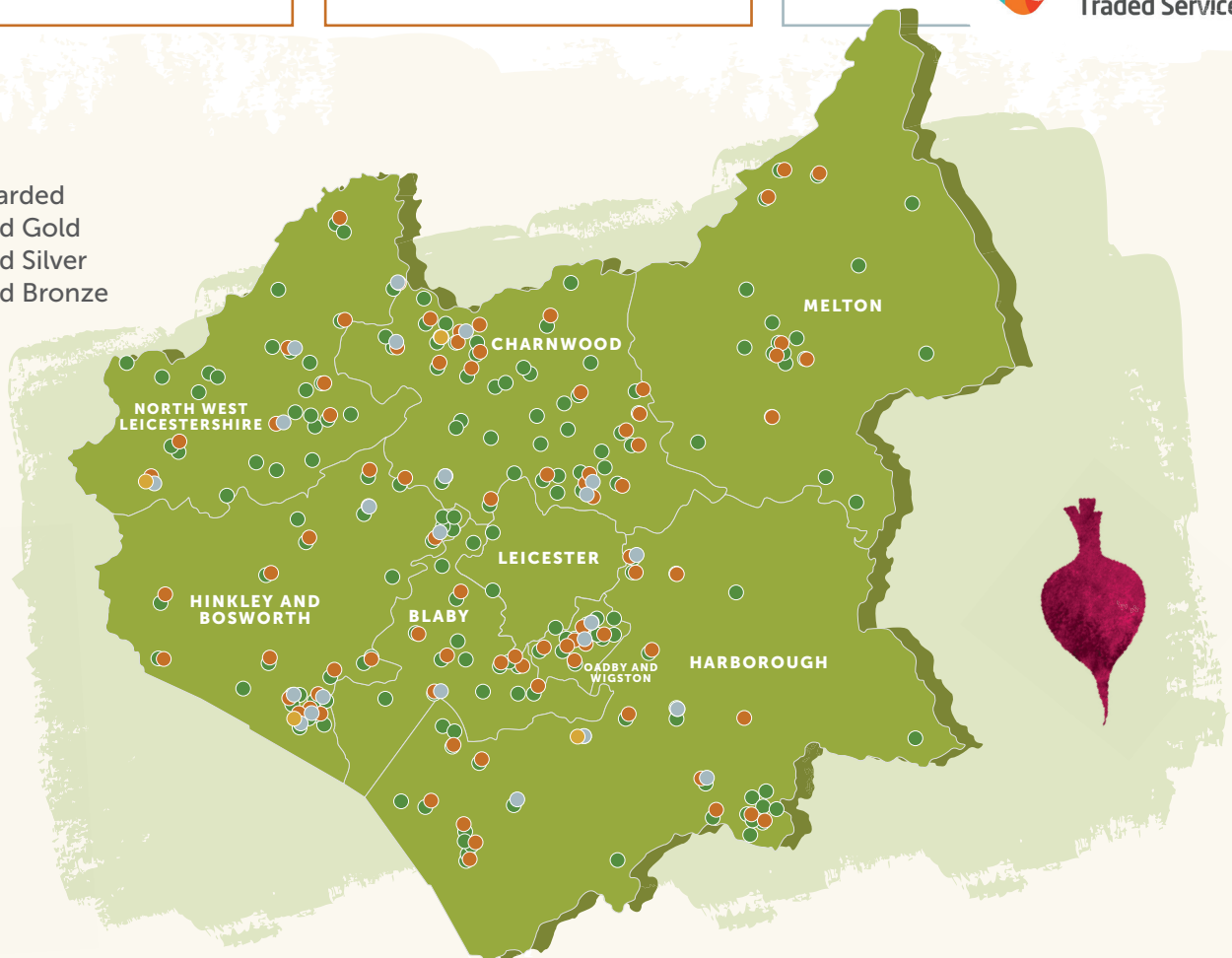
Meals include local and organic produce



Leicestershire Traded Services

Key

- Pre-awarded
- Awarded Gold
- Awarded Silver
- Awarded Bronze



STAFF TRAINING IN LEICESTERSHIRE

807 staff received Food for Life training

In 2022/23, **100%** of staff attending training reported improved skills and knowledge to deliver food activities

In 2022/23, **99%** of staff attending training reported improved confidence to deliver food activities

Funded by

