



Guru Tegh Bahadur Gurdwara
Leicester U.K.



Leicestershire County Council would like to express thanks for the warm welcome they received when visiting and for the use of their gallery images

Sikhism refers to the Sikh religion, which was founded in northern India by a wise man called Guru Nanak in the 15th century.

Sikhism is the 5th largest religion in the world, with around 25 million Sikhs worldwide. The word Sikh means a disciple. A Sikh is a person who believes in One God, Waheguru, and the teachings of the Ten Gurus, enshrined in the Guru Granth Sahib, the Sikh Holy Book.



What are the Five K's?



Kangha



Kirpan



Kesh



Kachera



Kara

The Khalsa Sikhs wear 5 symbols, known as the 5 K's, to show their devotion to Sikhism

Kesh, uncut hair to show devotion and to symbolise submission to the will of God

Kirpan, the wearing of a steel sword for protection

Kara, the wearing of a steel bracelet to show a connection to God

Kangha, a wooden comb, worn in the hair to symbolise cleanliness

Kachera, the wearing of practical, short, cotton underwear



- The last of the 10 gurus said all male Sikhs should adopt the name "Singh", meaning "lion" and all female Sikhs should adopt the name "Kaur", meaning "princess", to free everyone from a caste system
- Sikhs believe that it is everyone's duty to stand up for justice and against oppression
- Sikhs believe in reincarnation
- All Sikhs cover their heads to symbolise their spirituality and connection to God, this is particularly important when visiting the temple

- Sikhism is a practical religion, a faith of hope and optimism.
- A belief that everyone is equal
- Additionally, he or she must take Amrit, the Sikh Baptism.
- Outside of middle-eastern countries, most people wearing a turban are Sikh.



- The opening of the Sikh Gurdwaras in Leicester, in 1960, reflected the growth of the city's Sikh population. Sikhs have been settling in Leicester since the end of the Second World War.
- This Sikh presence continues to contribute very significantly to the social, political and religious life of the city.
- The annual Vaisakhi celebrations, attract thousands of people from across Leicester and the Midlands.



- The first gurdwaras were in small houses and rented halls before permanent places of faith could be established. The Guru Nanak Dev Ji Gurdwara was originally set up in the 1960s on New Walk, moving into this former factory building in 1989.
- Over the years the Gurdwara has expanded to three Darbar halls





The Gurdwara acts as a community hub offering food, in the Langar, shelter and companionship to all those who need it.



Guru Tegh Bahadur Gurdwara also offer facilities such as a Community Centre, the Roseberry Preschool to support working parents, EPAG (Eastern Park Activity Group) group and a Day Centre offering day care for the elderly and adults with learning difficulties

Resources

[Guru Tegh Bahadur](#)
[Gurdwara](#)

[BBC Bitesize KS1](#) How do
Sikhs show care?

[Cbeebies Let's](#)
[Celebrate Vaiskhi](#)