

Issue 66 - 25 November 2024

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Leicestershire County Council Updates

Provider engagement on fees for next financial year

The council is currently considering fee levels for 2025/26, and to seek providers' input, a series of provider engagement sessions will take place in December as part of existing, rescheduled or additional provider conference calls:

- Tuesday 10 December, 16.00-17.00: care homes
- Thursday 12 December, 10.30-11.30: community life choices
- Monday 16 December, 15.00-16.00: supported living
- Friday 20 December, 9.00-10.00: home care

Please note that to avoid additional pressures on providers' time, the regular home care provider call has been postponed to Friday 20 December as above, and therefore will not take place on Monday 2 December.

Details of and links for the meetings will be updated onto the teleconference page.

As with the regular provider calls, an agenda and the joining link will be sent to the main correspondence address for your organisation a few days before the meeting.

Provider teleconferences for 2025

We value the opportunity to share information with you and hear your feedback and views through our regular provider calls. Dates have now been set up for 2025 and have been added to the <u>teleconference page</u>. You may need to click a drop-down box from the web page to see them.

Please be aware that calendar invitations are not issued for the calls, and you do not need to register to attend - use the details from the website page, or the link in the email sent to your organisation, to join each call.

Learning and development

Being prepared for CQC assessment

Skills for Care are holding a learning event specifically about being prepared for a CQC assessment. The next available date is Tuesday 14 January 2025, 10:00 - 15:30.

As part of the event you will discover why assessment is important, what and how the CQC will assess, how we can help you prepare for assessment and how you can evidence you are meeting CQC expectations.

The cost is £120 + VAT per person and ASC-WDS account holders receive a 10% discount. Booking information and further details are available on their website.

Health and wellbeing

ChatAutism Text Message Support Service

The <u>ChatAutism</u> service provides support for autistic people and their parents/ carers and families living in Leicester, Leicestershire and Rutland. Qualified health professionals can answer queries and provide help and advice on autism related issues.

The service is available 9am-5pm every weekday.

Movember

Movember is a movement to increase awareness of men's health and in particular mental health, prostate cancer and testicular cancer. To learn more about this please view their website - https://uk.movember.com/about/cause

Consultations and research

Can you help shape the future of local health and care services for people with a learning disability and autistic people?

The Leicester, Leicestershire and Rutland (LLR) Learning Disability and Autism (LDA) Collaborative are looking for people with lived experience linked to learning disabilities and autism, to join their stakeholder group.

The Collaborative are particularly keen to hear from:

- Autistic people
- People with a learning disability
- Parents and unpaid carers of autistic people and people with a learning disability
- Professional carers of autistic people and people with a learning disability

Group members will have an opportunity to work together with the Collaborative and to get involved in key project areas including:

Diet and healthy lifestyle

- Making places in the community more accessible for people to visit
- Living in the community
- Where to go for information, help and support about autism and learning disabilities

If you want to have an impact on the health and social care that autistic people and people with learning disabilities receive in our communities, please fill in this form: https://forms.office.com/e/vRNWvnmkM0

Alternative versions of the form can be requested by emailing vanica.patel@nhs.net

Events

World Aids Day - 1st December 2024

HIV (human immunodeficiency virus) is a virus that damages the cells in your immune system and weakens your ability to fight everyday infections and disease.

AIDS (acquired immune deficiency syndrome) is the name used to describe a number of potentially life-threatening infections and illnesses that happen when your immune system has been severely damaged by the HIV virus.

While AIDS cannot be transmitted from one person to another, the HIV virus can. HIV cannot be transmitted through sweat, urine or saliva. The most common way of getting HIV in the UK is through having anal or vaginal sex without a condom. Other ways of getting HIV include:

- sharing needles, syringes or other injecting equipment
- transmission from mother to baby during pregnancy, birth or breastfeeding
- exposure of broken skin or mucous membranes to blood or blood-stained body fluids

There's currently no cure for HIV, but there are very effective drug treatments that enable most people with the virus to live a long and healthy life. With an early diagnosis and effective treatments, most people with HIV will not develop any AIDS-related illnesses and will live a near-normal lifespan.

World AIDS Day takes place on 1 December each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.

Over 105,000 people are living with HIV in the UK. Globally, there are an estimated 38 million people who have the virus. Despite the virus only being identified in 1984, more than 35 million people have died of HIV or AIDS related illnesses, making it one of the most destructive pandemics in history.

World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to raise money, increase awareness, fight prejudice and improve education.

More information can be found on the following link:

https://www.worldaidsday.org/

Carer Rights Day – 21st November 2024

The theme for this year's Carer Rights Day was 'recognising your rights'.

Every day, people become unpaid carers for their partners, family members or friends. A carer is anyone who cares for an adult aged over 18 who due to illness, disability, frailty, a mental health problem or an addiction cannot cope without their support and is not paid to do so.

It is vital that we encourage people to identify themselves as carers and help them find out more about their rights including:

- The right to up to one week of <u>unpaid carers leave</u> every 12 months under the Carers Leave Act that came into effect earlier this year
- The right to request a Carer's Assessment
 https://www.leicestershire.gov.uk/adult-social-care-and-health/looking-after-someone/what-is-a-carers-assessment

You can find Information on the support available for unpaid carers in the county on our <u>website</u>. This includes Support for Carers Leicestershire which we fund to provide an advice and support service on our behalf, people can go to <u>www.supportforcarers.org</u>, email <u>maureen@supportforcarers.org</u> or call 01858 468 543.

Reminders

Next edition

The next edition of Provider News will be published during week commencing 9 December 2024. If you are interested in contributing by writing about a topic of your choice, perhaps something that is particularly important to you, please contact us at enquirylinequality&contracts@leics.gov.uk.

Useful links

- Current and past editions of Leicestershire County Council Provider News
- Leicestershire County Council adult social care provider conference calls

- LLR Providing Care resources, advice, signposting
 Leicestershire and Leicester Inspired to Care recruitment and retention support
- Leicestershire Social Care Development Group (LSCDG)