

# Junior Road Safety Officer

## Top Tips and Ideas



### Competitions

- Make up your own competition with two winners per term. One in KS1 and one in KS2. We will provide the prizes.
- Your job is to tell everyone at school about the competition and inform them of the closing date.
- Then collect the entries and judge the best ones.
- Announce the winners in assembly.

### Assemblies

- Try to take part in at least one assembly per term.
- Make sure you are well prepared. Ask a teacher to help you.
- Practice what you are going to say.
- Make it fun and interesting!

### Notice Board

- Ask your teacher to find you a notice board where everyone can see it.
- Make a big title. It could be 'Junior Road Safety Officers'.
- Find some road safety posters and information to put up. Use <https://www.think.gov.uk/education-resources/>
- Make sure it is eye catching with bright colours.

### Keep a log of the work you do

- Keep a file/ diary to record all your JRSO activities and competitions.
- Include photos and pictures to make it colourful and interesting.

Find out about being a Junior Road Safety Officer from

<https://resources.leicestershire.gov.uk/road-safety-education-programme>

**Here are some Road Safety topics that you may be interested in covering at your school. There may be other topics that you feel are important for you school.**

### **Be bright be seen.**

When the clocks go back, and winter is on its way it gets dark earlier. Many people get hurt because they cannot be seen. Everyone needs to be seen. You could remind everyone in school about this. Remember- fluorescent for daytime and reflective for night time.

### **Walk to School Month**

Encourage the pupils at your school to keep healthy and walk to school.

### **Green Cross Code**

Tell everybody at school about crossing the road safely. You can use the words: Stop, Look, Listen, Think and Hold Hands. The Green Cross code is a set of rules that can help everyone cross the road safely.

## **Seatbelts and Car Seats**

It is the law that everyone under 12 or who is smaller than 135cms, has to use a child seat that is suitable for them. Using a car seat makes children safer because it raises them up into the right position. The seatbelt should sit on the shoulder. The lap part of the belt should sit on the hips.

## **School gate Parking**

Drivers should not park on the yellow zigzag lines outside school. If they do it makes it dangerous and difficult for people to cross the road safely.

Try to encourage parents and carers to park away from school or walk.

## **Safer Cycling**

Your school may already take part in the Bikeability scheme, if not get in contact and organise for our Bikeability tutors to come to your school and teach cycling skills. Find out more information

<https://www.bikeability.org.uk/>

Lots of people like to ride their scooters or bike. Encourage everyone to wear a helmet when using their bike. In an accident, helmets can reduce head injuries by up to 85%.

## **Resources:**

<https://www.brake.org.uk/road-safety-week/lessons-and-activities-for-early-years-and-lower-primary>

For further help or to order prizes contact the: *Road Safety Education Team* –

[RoadSafety@leics.gov.uk](mailto:RoadSafety@leics.gov.uk)