



Help shape the future of health research.



Imagine if you could help decide what health issues researchers focus on - things that truly matter to you and your community. That's the idea behind the Leicestershire Health Determinants Research Collaboration (HDRC).

Leicestershire County Council (LCC) has been awarded funding from the National Institute for Health and Care Research (NIHR) to bring together local authorities, universities, and most importantly, people like you to drive meaningful change.

As a group we'll work together to understand how different factors - like where you live, your income, or even the air you breathe - affect your health. But we need your help to ensure that

research is guided by the needs and priorities of our communities, and we want you to be part of the change.

We're hosting a Citizen Assembly where you can share ideas and guide research priorities in a large group setting. This is your chance to make sure researchers are aware of the challenges that matter most to you, your loved ones and the communities you live in.

Why join us?

- **Share your experiences:** You are the expert in your own life. Your lived experiences can provide invaluable insights that statistics alone cannot. This is an opportunity to share what it's really like in your community and the challenges you face.
- **Shape the future of health research:** We need your help to decide what areas of research are most important to focus on. You'll be directly involved in setting the priorities for the Leicestershire HDRC and influencing research that impacts lives.
- **Influence local decision-making:** The Leicestershire HDRC aims to create a culture where research influences how local services are delivered. By participating, you'll contribute to changes that directly improve our communities.
- **Learn and connect:** You will connect with others from across Leicestershire, sharing ideas and perspectives, and learning about the wider issues that impact our communities.
- **Be valued as an expert:** We recognise that you, as members of the public and communities, are experts through your experiences, and we want to draw on this expertise to strengthen our approach to research.
- **Be part of something that could change the future of health for everyone.**



People recruited for the citizen's assembly will be paid £100 (in vouchers) for their time and involvement. No special skills or knowledge are needed - just your willingness to share your thoughts and experiences. The citizen's assembly will take place on **Saturday 15th March** from 10am - 4pm and will be hosted at County Hall in Glenfield.

Will you help us make a difference?

If you would like to get involved, please complete the [expression of interest form](#).

If you require any other information, a paper copy of the expression of interest form, or would like to have a chat about this, please do not hesitate to contact sacha.webb@leics.gov.uk.

