

# **Issue 70 – 3 February 2025**

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#### **Leicestershire County Council Updates**

#### Annual uplifts for 2025/26

Leicestershire County Council's 2025/26 annual inflationary fee uplifts for home care, care homes, supported living, community life choices and extra care have now been issued to providers of Council managed services by emailed letter. Please contact <a href="mailto:enquirylinequality&contracts@leics.gov.uk">enquirylinequality&contracts@leics.gov.uk</a> if you think you should have received a letter but have not.

## **Publications**

## **Trading Standards News Winter 2024-25**

The latest edition of the <u>Trading Standards Scams News</u> is now available. Containing details of the latest scams and information on how to protect against and report a scam.

# Health and wellbeing

# **NHS Talking Therapy**

Professional support is available to individuals who may experience increased stress, anxiety and depression/low mood.

NHS Talking Therapy services can help with understanding the mental health impact of flooding events by helping individuals understand floodwater in their home or being evacuated, can be very distressing and this is a common and understandable reaction to the experience.

Following an event like flooding, some degree of emotional distress, anxiety and changes in behaviour are normal. However, if distress lasts for more than two weeks without change it is advisable to seek professional support.

All support is provided by the LLR NHS Talking Therapy Service, by mental health professionals, and is available to any resident of LLR aged over 16. The service is easy to access as direct self-referral or via GP referral.

The service is completely free and confidential: Please visit:

https://www.vitahealthgroup.co.uk/flooding-support/, call 0330 094 5595 or text: 'YOU' to 88802.

## **Consultations and research**

# Citizens Assembly – Help shape the future of Health research

Leicestershire County Council (LCC) has been awarded funding to undertake research related to the health needs and priorities of our local populations.

The Health Determinants Research Collaboration (HDRC) is a partnership between Leicestershire County Council, the University of Leicester, De Montfort University, the University of Nottingham, and Loughborough University.

The aim of the programme is to improve community health and wellbeing by using research to support evidence-based decision making. This means working to understand how different factors, such as where people live, their income, or even the air they breathe, affect their health. But we need help to ensure that our research is guided by the real-world needs and priorities of our communities.

As part of our commitment to ensuring the research is guided by the health needs and priorities, as identified by our local communities, we are hosting a Citizen's Assembly on:

Saturday 15<sup>th</sup> March 10:00am – 4:00pm at County Hall in Glenfield

The Citizen's Assembly will invite a range of people to share their ideas to help guide our research priorities in a group setting of 75 people. This is a chance to make sure researchers are aware of the challenges that matter most to people and their loved ones and their communities. Please note that participants recruited for the Citizen's Assembly will be paid £100 (in vouchers) for their time and involvement.

We are particularly interested in the involvement, participation and input of people and organisations representing the following groups:

- People who identify as Lesbian, Gay, Bisexual or Transgender (LGBT)
- People with a disability, including people with a learning disability
- People who are homeless
- Sex workers
- Vulnerable migrants
- Carers
- People with severe mental illness
- Prisoners
- People who have experienced trauma
- Looked after children and care experienced adults

- People living in poverty/deprivation
- People experiencing health inequalities as a result of their race/ethnicity

Please share details of this opportunity with interested parties, in particular, users of services representing the priority groups listed above.

To register interest in attending the Citizen's Assembly at County Hall on Saturday 15<sup>th</sup> March, please complete the <u>expression of interest</u> form. More information is included within the attached document.

If you require any further information or would like to have a chat about this or discuss any support that may be required, please contact sacha.webb@leics.gov.uk.

# National dental health survey for care homes

Community Dental Services (CDS) is working in partnership with Leicestershire County Council and Rutland County Council in delivering this year's National dental health survey. This is designed to measure the oral health status and needs of care home residents aged 65 and older in each local authority area.

This survey will consist of a short clinical examination and questionnaire interview of those residents who have the capacity to agree to participate, and are NOT on end of life, respite or receiving palliative care.

This information will help to provide vital information to the County Council and local NHS to understand the needs of this population group and will inform future oral health planning and commissioning.

Only those care homes which have been randomly selected will participate in this year's survey, and we will be getting in touch with these selected care homes in the coming weeks.

If you are selected for participation, we would be grateful for your co-operation with our teams in the planning of these visits to your care home. Our professional and highly skilled teams will aim to bring little to no disruption to the care homes daily activities.

Thank you in advance for your continued support for this programme and for recognising the importance of care home residents' oral health. Should you require further information about the planned survey, please contact Kate Peniket Epidemiology Coordinator CDS, on 07342062694

# **Supported Living – Share Your Thoughts**

Healthwatch Leicester and Healthwatch Leicestershire are gathering feedback about Supported Living services. They are keen to hear about individuals' experiences and opinions to help shape and improve these vital services. The surveys are aimed

at those who use or interact with Supported Living services, work in those environments, families and carers.

There are several ways to get involved

## Complete a survey:

- For people receiving Supported Living services: Click here
- For relatives or carers: Click here
- Need an Easy Read paper copy? Please email us at enquiries@healthwatchll.com or call 0116 257 4999.
- The survey closes on 28 March 2025

## Talk to the team directly:

- Arrange a group session with Sophie by calling 07383 992 555 or email sophie.k@healthwatchll.com.
- Call us at **0116 257 4999** to share your thoughts with our team.

All feedback is confidential, and personal information will be kept secure in line with data protection regulations.

## **Events**

#### **Awards**

Celebrate the incredible achievements of your team by nominating them for the Care Professional of the Year Awards 2025! This prestigious event shines a spotlight on the dedication, compassion, and excellence of those working in adult social care across Leicester and Leicestershire. Whether it's recognising a care professional who goes above and beyond, a team that delivers exceptional support, or someone making a real difference in the lives of others, the awards are your chance to highlight their contributions. Nominations are now open—don't miss this opportunity to show your appreciation and share their inspiring stories. Submit your nominations today at <a href="https://www.inspiredtocare.co.uk/awards">www.inspiredtocare.co.uk/awards</a>!

# IPC Webinar - "Gloves Off" Wednesday 12th February

The next IPC webinar – "Gloves Off" – Reducing Unnecessary Use of Non-Sterile Gloves will take place on Wednesday 12<sup>th</sup> February. 14:15 – 15:00

IPC audits of care home settings have highlighted variations in adherence to the <u>"Five Moments of Hand Hygiene"</u>. Audits have identified that non-sterile gloves are often used when not needed, put on too early, taken off too late or not changed at critical points increasing the risk of spreading infections.

This webinar will look at the correct use of non-sterile gloves, when to wear them and when not. The webinar will also look at the impact of the NHS Gloves Off Campaign including the cost savings for organisations, the positive impact in terms of environmental sustainability and its application to Adult Social Care Settings.

To book on the webinar email infection@leics.gov.uk or contact 0116 305 5121

You will need to provide an email address in order that the link to the webinar can be sent to you 2 days prior to the event".

# The Infection Prevention Society Trent Branch Conference – 12<sup>th</sup> May 2025

The Infection Prevention Society Trent Branch Conference is being held at Leicester City King Power stadium on Monday 12<sup>th</sup> May 2025, 09.15-16.30

This event brings together infection prevention and control (IPC) professionals for a day of expert-led discussions, cutting-edge research, and practical insights. This event is suitable for those working within all healthcare settings (acute, community, NHS, care homes). It is the perfect opportunity to enhance your knowledge, network with peers, and share best practice. Whether you're new to the field or a seasoned professional, *Darling Bugs of May* promises a stimulating and engaging experience.

Book a place

## Reminders

#### **Next edition**

The next edition of Provider News will be published during week commencing 17 February 2025. If you are interested in contributing by writing about a topic of your choice, perhaps something that is particularly important to you, please contact us at enquirylinequality&contracts@leics.gov.uk.

#### **Useful links**

- Current and past editions of Leicestershire County Council Provider News
- Leicestershire County Council adult social care provider conference calls
- LLR Providing Care resources, advice, signposting
- <u>Leicestershire and Leicester Inspired to Care recruitment and retention</u> support
- Leicestershire Social Care Development Group (LSCDG)
- <u>Leicestershire County Council Trading Standards News Winter 2024-25</u>