

Bikeability Cycle Training – Organising your riders into training groups

- Learn to Ride and Level 3 is delivered in smaller groups of 3 riders per Instructor. Two Instructors can therefore take 6 children in one group. Your Instructor will liaise directly with you regarding timings.

Booking for 24 Riders (delivered over 4 days)

- Level 1 (Monday)**

Day 1	2 groups only with 12 children in each group
Group A	9.30am until first break and after break until lunch. (2 hours)
Group B	After lunch until 3pm (2 hours)

- Level 2 (Tuesday to Thursday) - riders must have a minimum of 6 hours training per group**

Group A	Maximum of 12 children
Day 2	9:30 am until lunch (return for mid-morning break)
Day 3	After lunch to end of school day
Day 4	9:30 am until lunch (return for mid-morning break)

Group B	Maximum of 12 children
Day 2	After lunch until end of school day
Day 3	9:30 am until lunch (return for mid-morning break)
Day 4	After lunch to end of school day

Booking for 36 Riders (delivered over 5 days)

- **Level 1 (Monday)**

Day 1	2 groups only with 18 children in each group (with two Instructor's)
Group 1	9.30am until first break and after break until lunch. (2 hours)
Group 2	After lunch until 3pm (2 hours)

- **Level 2 (Tuesday to Friday) - riders must have a minimum of 6 hours training per group**

Group A	Maximum of 12 children
Day 2	9am until first break
Day 3	After lunch to end of school day
Day 4	After break until lunch
Day 5	9am until first break

Group B	Maximum of 12 children
Day 2	After break until lunch
Day 3	9am until first break
Day 4	9am until first break
Day 5	After lunch until end of school day

Group C	Maximum of 12 children
Day 2	After lunch to end of school day
Day 3	After break until lunch
Day 4	After lunch to end of school day
Day 5	After break until lunch