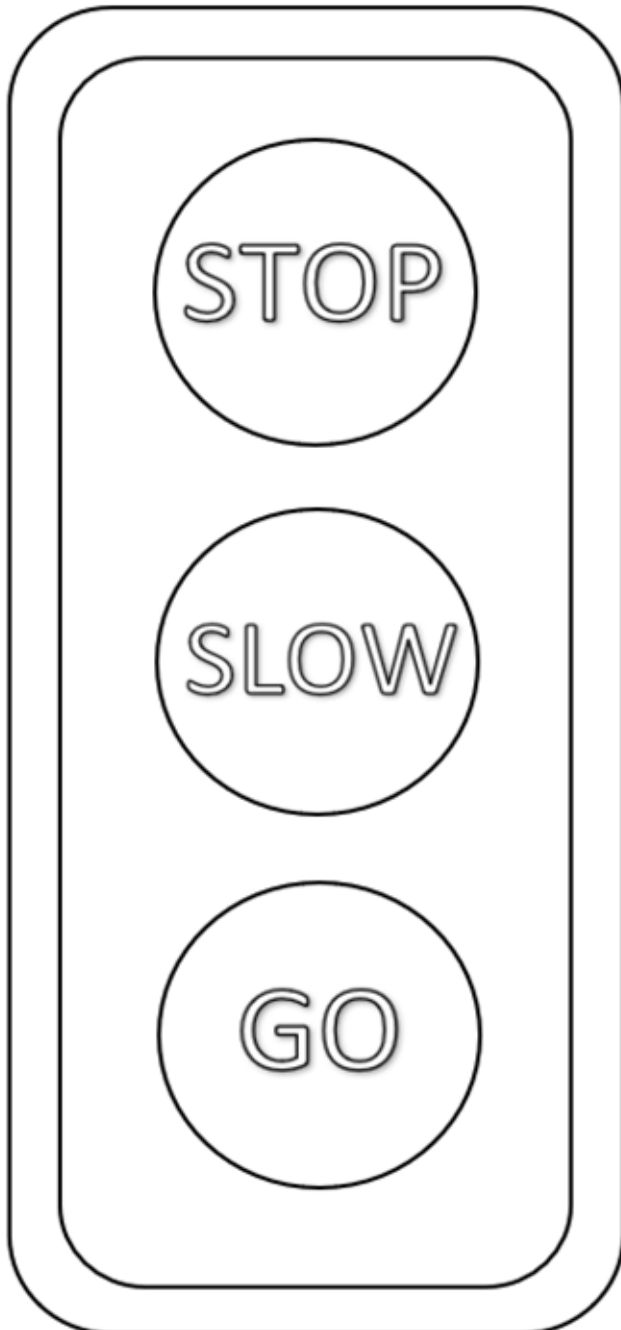


## CROSSING THE ROAD

LO - To be able to recognise strategies, to help reduce impulse control.

Watch the Cookie Monster video and use the traffic light model below to show how you can make better decisions using self-control.



Why should you stop?

Think about other road users too.

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What steps can help you to make better decisions, and not act impulsively?

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Why is it important to take these steps first?

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