



## Issue 79 – 7 July 2025

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## **Guidance and good practice**

### **Infection Prevention Control – Gloves Off Webinar**

IPC audits of care home settings have highlighted variations in adherence to the [“Five Moments of Hand Hygiene”](#). Audits have identified that non-sterile gloves are often used when not needed, put on too early, taken off too late or not changed at critical points increasing the risk of spreading infections.

The recent IPC Basics “Gloves Off” webinar is now available on YouTube via the link <https://youtu.be/Zx2OPKQ08mk>

This webinar looks at reducing the unnecessary use of non-sterile gloves, their correct use, when to wear them and when not. The webinar also looks at the impact of the NHS Gloves Off Campaign including the cost savings for organisations, the positive impact in terms of environmental sustainability and its application to Adult Social Care Settings.

## **Learning and development**

### **Support into Work at Meadow Barn View**

Through National Lottery funding and Leicestershire Adult Learning Services GoLearn! Meadow Barn View (based in Coalville) are offering accredited qualifications in skills for living and work, for FREE. The programme will see people with a learning disability, autism or a carer who supports an interested person gain skills in areas such as:

- Food and kitchen hygiene
- Kitchen Health and Safety
- Food preparation and presentation
- Customer care and front of house service
- Cash Handling
- Gain confidence working as part of a team

The next course commences 9th September and runs every Monday and Tuesday 9.30am - 2.30pm for 6 weeks. Email the training co-ordinator [alice@meadowbarnview.co.uk](mailto:alice@meadowbarnview.co.uk) or call [07851293488](tel:07851293488) to arrange a visit and find out more information. The [website](#) also provides further details about the opportunity.

## **Publications**

### **Healthy Living Toolkits**

A new set of healthy living toolkits developed by the Leicester, Leicestershire and Rutland (LLR) Learning Disabilities and Autism (LDA) Collaborative, aim to address longstanding health inequalities and improve outcomes for people with learning disabilities through better nutrition, hydration and physical activity.

Research shows that people with learning disabilities are significantly more likely to experience health conditions which are linked to factors such as poor nutrition and low levels of physical activity. In Leicester, Leicestershire, and Rutland, more than one-in-ten (11%) of people with a learning disability are underweight, while one-in-three (33%) are living with obesity.

The resources highlight the importance of inclusive community facilities, such as the availability of wheelchair-accessible scales, to ensure accurate health monitoring for all.

The full set of toolkits are now available for [free download](#) and there are specific versions for:

- People with lived experience: [standard](#) and [easy read](#) versions
- [Family/friend carers](#)
- [Adult social care](#)
- [Carer providers](#)
- [GP practice staff](#)
- [Other healthcare professionals](#)

## **Events**

### **Bridging the Digital Divide: Health Inequality, Ageing, and Innovation in Care Homes**

This event is taking place on **30th July 2025** 12:00-15:30 at the University of Leicester and is part of a **LIAS-funded project** (*Advancing Equity in Health Through AI-Driven Collaborative Networks*). It aims to bring together stakeholders across care, digital health, academia, and policy.

This workshop brings together care providers, researchers, civic leaders, and digital health innovators to address the pressing issue of health inequality in care homes and among older populations. Together, we will explore the systemic barriers to digital innovation in this sector and identify practical opportunities for collaboration, funding, and impact.

Shape the future direction, and build partnerships for change.

Venue: Leicester University, Room1.04 Sir Bob Burgess Building Room Leicester LE2 6BF [MS Registration Form](#)

### **East Midlands Internation Recruitment (EMIR) – Summer Skills Conference**

Hilton Hotel, East Midlands Airport M1 (J24) | DE74 2YZ

9am- 3pm - 16<sup>th</sup> July 2025

This event is designed for providers and the international workforce. It includes workshops, guest speakers, exhibition hall, and is a great event to get questions answered from the correct people in the know.

Guest registration and refreshments will open at 9am, for a 9.30am start

Lunch is included along with refreshments and the cost is FREE for providers and international staff

[Book your place](#)

## **Awards**

### **Learning Disability Representatives Honoured with Awards**

Residents and groups championing people with learning disabilities have been honoured with special awards.

Leicestershire County Council's Learning Disabilities Partnership Board is made up and chaired by people with learning disabilities. It also includes their carers and those supporting them across the county. Its goal is that people with a learning disability are seen, heard, included and valued in all aspects of life.

These awards mark the great work of both board members and people with a learning disability in their local communities.

Winners included a group from Melton Mowbray who took the Charity Champions gong after raising £12,000 for the Air Ambulance charity by crushing cans as part of a recycling project. The group has been supported by local organisation Support & Connections.

[Further information about the Board and the awards.](#)

## **Reminders**

### **Next edition**

The next edition of Provider News will be published during week commencing 21 July 2025. If you are interested in contributing by writing about a topic of your choice, perhaps something that is particularly important to you, please contact us at [enquirylinequality&contracts@leics.gov.uk](mailto:enquirylinequality&contracts@leics.gov.uk).

### **Useful links**

- [Current and past editions of Provider News](#)
- [Provider conference calls](#)