Guidance for completing an Individual Healthcare Plan for childcare providers and schools

Please refer to this guide alongside all medical information such as the child's action plan to help you complete the IHCP.

Medical condition(s): Give a brief description of the medical condition(s) including the description of signs, symptoms, triggers, behaviours.	**In this section give a brief description include any diagnosis, give brief details such as if the child has epilepsy describe the type of seizure. Details will be found in medical paperwork such as the child's action plan.**
Allergies: (update if any changes occur)	**Allergies should be formally diagnosed, possibly requiring medication, not just dislikes**
Date:	
Document to be updated:	

Information about child's home life and family
Include factors relevant to medical condition, such as their birth, prematurity, have they had surgery? Long period of time in hospital,

This child has the following medical conditions…
1.

…requiring the following medical treatments…

1. **Include <u>ALL medications</u> the child has over 24 hours, including those only taken at home**

Medical condition	Drug	Dose	Method of administration	Time in setting or at home	Who is administering

Does treatment of the medical condition affect behaviour or concentration?	
Are there any side effects of the medication?	**Being aware of side effects of medication- may impact on learning at certain times of the day, sleeping medication may interact with other medication to make the child less responsive to learning.**
Is there any ongoing treatment that is not be administered in setting? What are the side effects? (if any)	**For example, is there any physio they are having outside of setting that may impact on them, e.g. weekly tube changes for tracheostomy**

Routine Monitoring (if applicable)

Some medical conditions will require monitoring to help manage the child's condition. (e.g. needs to have drinks throughout the day, food to be given in small pieces/portions etc.)

What monitoring is required?	- e.g. may need to monitor how much they have drunk and how often they have been to toilet/had wet nappies. **This information is important to feedback to the family to inform their care/medication.**
When does it need to be done?	
Who does the monitoring?	
Does it require any equipment?	
How is it done?	
Is there a target?	

Emergency Situations

An emergency situation occurs whenever a child / young person needs urgent treatment to deal with their condition.

What is considered as a known emergency situation?	**What does this look like e.g. for children with epilepsy?** **who is CPR trained?** **Does setting have a medical needs policy?**

Impact on child or young person's learning

How does the child's medical condition affect learning? i.e. memory, processing speed, co-ordination etc.	**Time missed in class for treatment, e.g. time out for suction, hospital appointments/admissions Physical activity- think about outside play, PE sessions, Care at mealtimes/toileting- refer to Action plan**
Does the child require any further assessment of their learning?	

Physical activity

Are there any physical restrictions caused by the medical condition(s)?	**think about outside play, PE sessions,**
Is any extra care needed for physical activity?	
Actions before exercise	
Actions during exercise	
Actions after exercise	

Trips and activities out of setting

What reasonable adjustments are needed for travelling?	**Remember to attach risk assessment and take IHCP with you.**
What care needs to take place? When does it need to take place?	
Adjustments on the trip for self-care (toileting and dressing), access to the site and access to the activities?	
What equipment/medication is needed? Who will look after medicine and equipment?	
Who will take overall responsibility for the child on the trip?	

Setting environment

Does the setting environment affect the child's medical condition? (if so, provide details)	**what do you do that is "additional to and different from" usual practice**

	Can you have all resources out- e.g. if you have a child with tracheostomy then you cannot have sand in the room, small beads etc.
What changes can the setting make to deal with these issues?	