

Get Streetwise – Ice Age to My Age Year 7 Lesson

Teacher's Notes

This lesson revolves around: our brain's limitations; how these can make it hard for pupils to safely travel independently; strategies pupils can use to strengthen their brains' information-processing abilities. The lesson should take 45-minutes to an hour to complete.

The Reaction Test Practical

Half of the lesson is made up of a practical experiment – testing reaction times. This experiment requires pupils to get into pairs and should take roughly 30 minutes to complete. Please see worksheets attached in lesson pack – you can either print these for pupils or get the class to draw up their own versions.

Please have a read through the slides, prior to delivering the lesson, to get a feel for how you will move from slide to slide. Otherwise, you may forget to ask the pupils to write down their hypotheses or forget to put up the text the pupils must read.

Keith the Caveman Video

Towards the end of the lesson, a video will be shown. This video has been created by the Road Safety Education Team. It is unlisted on YouTube, and can therefore only be accessed through the embedded video on the slide, or the video link found in the slide notes.

To ensure the video plays, please click the “Allow External Content” button, upon opening the lesson. If the video, for whatever reason, does not work, please use the link in the slide notes. If the video is blurry, turn the video quality to 1080p HD (this can be done through YouTube's settings).

Top Tips

- Please see further teachers notes within the PowerPoint, in the slide notes sections.
- Try and keep delivery fun, and light-hearted. Remember the idea of the lesson is not to tell pupils off, but just to discuss where they may be going wrong.
- We strongly recommend working in five minutes of mindfulness practice into your form time, each morning. If you decide to do this, please explain this to your pupils, during the lesson summary.