



Issue 92 – 25 May 2026

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Guidance and good practice

Urinary Catheters

Following a recent Leicestershire Partnership Trust (LPT) incident investigation, it has become more noticeable that a lot of female service users are being prescribed *female length urinary catheters* instead of *standard-length urinary catheters*. This may be due to new catheter suppliers which are a national company.

Female length catheters are 20-24cm long, whereas standard length catheters are at least 40cm.

Standard catheters can be used in both male *and* female service users particularly for those females who are bedbound, wheelchair users etc.

Female length catheters should only be prescribed with a clinical justification for use which should be clearly specified in the service users care plan/catheter passport.

LPT have advised all their community nurses that it is important that they check the catheter packaging carefully before use.

Registered Managers in Nursing homes are asked to flag this to their nurses who undertake urinary catheterisation.

Putting Dignity at the Heart of Organisations: The Work of the National Dignity Council

Led by the National Dignity Council, [Dignity Champions](#) form part of a nationwide network of individuals and organisations who work to put dignity and respect at the heart of UK care services to enable a positive experience of care.

Health and wellbeing

COVID-19 vaccination – residents missed at initial visit

If any of your residents were unable to receive their COVID-19 vaccination during the initial care home visit, please let us know so we can support follow-up arrangements.

This includes, for example:

- New admissions to the care home since the visit
- Residents who were unwell at the time of vaccination
- Residents who initially declined but have since changed their mind

Please contact Benn Smith with details of how many vaccinations are outstanding, and we will advise on the most appropriate next steps to ensure they are offered vaccination as soon as possible. Contact: Bennsmith.llrpcl@nhs.net

Thank you for your continued support in protecting care home residents from COVID-19.

Events

BILD Webinar- Food Choices and Mental Capacity (3rd June, Free to attend)

This webinar will explore how mental capacity applies to everyday diet-related decisions, particularly as people with learning disabilities grow older and face increasing risk of diet-related health problems. It will examine how we balance choice, autonomy and dignity with safety and risk, while creating environments that support healthier outcomes. Using practical examples, it will highlight how guidance is applied in real life and where we need to do better.

https://us02web.zoom.us/webinar/register/WN_sXHhMDzwQIyhVMQ4aFvsOg#/registration

Healthy Lifestyle (this is for County only)

<https://www.leicestershirewms.co.uk/upcoming-events>

Opportunity to contribute to training

In addition, I am looking for volunteers from various settings to meet with me to discuss the need for a full nutrition and health training session. This includes the topics included, how detailed it is, how it should be delivered, and ensuring it meets the needs of staff. If you are interested in sharing your ideas and experience, then please get in touch by 30th May 2026.

Free Healthy Lifestyle Session for people supporting adults with learning disabilities

People with learning disabilities are more likely to experience challenges with maintaining a healthy lifestyle. Carers play a key role in supporting healthier lifestyles.

What you'll gain:

- Increased confidence and knowledge
- Improved long term, sustainable health outcomes for people with learning disabilities
- Free resources to support your ongoing care
- Information on other useful services

What you'll learn:

- Healthy eating made simple
- Understanding portion sizes
- Encouraging physical activity

- Building healthier environments
- Useful swaps for snacks
- Practical tools to use every day

For further information, please contact weightmanagement@leics.gov.uk or call 0116 305 0730

<https://www.leicestershirewms.co.uk/>

Topic workshops

Leicestershire County Council are running a programme of workshops. The workshops will be available for providers of all services, including Residential and Nursing, Homecare, Supported Living, Extra Care and Community Life Choices.

The workshops will be an opportunity to look at the requirements for contractual compliance as well as good practice recommendations. The workshops will be interactive with activities and an opportunity to work together and learn from each other. Providers will also be able to participate and co-produce the workshops and identify areas they wish to focus on and shape in the future sessions.

The workshops and dates are listed below; the first workshop will be based at County Hall with future venues or TEAMS options to be advised of at a later date.

Introduction to Positive Behaviour Support (PBS)- 18th June 2026- 10.00 – 12.30pm (arrival from 9.30am) Room 152, County Hall, Glenfield LE3 8RL

Please use the link attached to book onto the workshop.

[Topic Forum - Sign Up 18th June 2026 – Fill in form](#)

Save the date for future workshops

- Person Centred Support – 10th September 2026- time and venue to be confirmed
- Record Keeping- 3rd December 2026- time and venue to be confirmed

If you have any questions, please contact Heather Dalby (Provider support manager) on Heather.Dalby@leics.gov.uk

Reminders

Same day GP appointments available in Leicestershire

The NHS in Leicester, Leicestershire and Rutland is inviting local people to have their say on the new same day GP appointments available in Leicestershire. These appointments represent changes to how same day care is provided across the county. With your help we are keen to ensure local people and stakeholders are aware of the new arrangements.

Since 1 April 2026, patients registered with GP practices in Leicestershire have been able to receive new same day GP appointments during evenings, weekends and bank holidays. These appointments offer longer consultations, consistent opening hours across the county, and are primarily booked through NHS 111, helping to support people to get the right care, in the right place at the right time for urgent but non life-threatening health needs. Read more about the new appointments:

<https://leicesterleicestershireandrutland.icb.nhs.uk/be-involved/sda-leicestershire/>

Patients, local residents and professionals can share their views on the new appointments in the following ways:

Completing the questionnaire online:

www.leicesterleicestershireandrutland.icb.nhs.uk/be-involved/sda-leicestershire/

or

Emailing their views: llricb-llr.beinvolved@nhs.net

Calling 0116 295 7532 to receive a paper copy of the questionnaire or information in another format such as in easy read:

<https://leicesterleicestershireandrutland.icb.nhs.uk/wp-content/uploads/2026/04/Same-Day-Appointments-County-Easy-Read-Final.pdf>

Next edition

The next edition of Provider News will be published during week commencing 15 June 2026. If you are interested in contributing by writing about a topic of your choice, perhaps something that is particularly important to you, please contact us at enquirylinequality&contracts@leics.gov.uk.

Useful links

- [Current and past editions of Provider News](#)
- [Provider conference calls](#)