

Babble Back parent leaflet

Get down and play with me!



Babble Back

Ideas to help you give your child the best start in learning to talk and listen



Get down and play with me!

Signposting
For further information about how to help your child's speech, language and communication development go to...

- www.talktoyourbaby.org.uk (information available in a variety of languages)
- www.talkingpoint.org.uk
- www.leics.gov.uk/family
- www.leics.gov.uk/libraries

Visit your local Children's Centre to access more information on groups and services available for parents/carers and children.

For any specific concerns in relation to any aspects of your child's development, contact your local GP and/or Health Visitor.

Top Tips

- listen to sounds around you and play games that encourage listening
- follow your child's lead
- join in with your child's play and mirror their actions
- get down to the child's level it's easier to talk if you are face-to-face
- make sure you use lots of comments and fewer questions



1 I'm only small so when you get down to my level it's easier for me to watch you and concentrate.



3 Games are a great way for us to talk together. We don't need any special toys, just each other.



5 When we play face-to-face I can listen to you and understand the words better.

As my parent you are my best playmate so let's spend some time every day playing together



2 Making lots of play sounds to go with what I'm doing, like 'choo choo' when we are playing with the train, will help me hear different speech sounds and learn that listening to voices is fun.



4 I love it when you count my toes and play ticking games with me.



6 As we are playing together I will learn new words if you say what I'm doing and tell me things.