

# Autism in the Early Years Conference 2018

**Wednesday 7 March 2018 9am – 4pm**

**(Lunch and refreshments included in price)**

Leicester Racecourse (Nelson Suite-also known as The Grandstand),  
The Racecourse, Oadby, LEICESTER LE2 4AL

**Offering parents, Early Years staff and other professionals  
knowledge and practical strategies to support Early Years children  
with ASD**

**A combination of first-hand accounts and ideas from educators, therapists and  
parents alongside an exhibition hall (shops, information stands, networking)**

## Conference Presenters

**Dr Tina Rae** has over 30 years' experience working with children, adults and families in both clinical and educational contexts within local authorities and specialist educational services. Also a prolific author, Tina specialises in social, emotional and mental health difficulties in children and young people.

**Dylan Mathieson-Dodd** is a 19 year old politics student at the University of Leicester. Dylan was diagnosed with ASD issues when he was 11. He was also fostered and later adopted. Dylan is well known to AOS and has been delivering presentations about his life to parents for the last 4 years. The more he discovered about his diagnosis the more he found ways to help and deal with issues that developed.

**Sonia Murray** – Play therapist. Jogo Behaviour Support is a specialist company providing behaviour support and other education and therapeutic services to schools, other professionals and agencies and families.

**AOS EY Staff** – with a range of experiences and skills the team will explore areas relating to sensory strategies specifically for EY children, and look at how girls with ASD may present differently.

**Parent's Perspective** – understanding from a parent's perspective is crucial for all professionals working within this field. Here parents known to the service offer their views and ideas.

9.00 - 9.30	<b>REGISTRATION</b> (tea/coffee/pastries)
9.30 - 9.50	<b>INTRODUCTION</b> - AET in the Early Years
9.50 - 10.50	<b>KEYNOTE ADDRESS</b> – Dr Tina Rae
10.50 - 11.15	<b>BREAK</b> (networking/refreshments/stalls)
11.20 - 11.50	A Parent's Perspective
11.50 - 12.45	Dylan Mathieson-Dodd: Growing up with Autism
12.45 - 13.45	<b>LUNCH</b> (networking/stalls)
13.45 - 14.30	<b>WORKSHOPS A or B</b> (see below for selection)
14.30 - 14.50	<b>BREAK</b> (networking/stalls)
14:50 - 15.35	<b>WORKSHOPS C or D</b> (see below for selection)
15.35 - 16.00	<b>WRAP UP AND CLOSURE</b>

**Please select which workshop you would like to attend**  
**(Select 1 from either A or B and 1 from C or D)**

### **Workshop A: Emotion Coaching – Dr Tina Rae**

In this workshop Tina will initially introduce the concept of emotional Literacy and will then proceed to present Gottman's Emotion Coaching philosophy and practices as a means of developing positive relationships with children and young people. Learning How to Emotion Coach will therefore be a key focus of the session.

### **Workshop B: Sensory Strategies for EY children with ASD – AOS EY Staff**

A practical workshop looking at a brief understanding of how sensory issues can manifest in young children with ASD, and strategies and ideas in order to help within the classroom or school/college environment.

### **Workshop C: Developing Play in young children with ASD – Sonia Murray, Play Therapist: Jogo Behaviour Support [www.jogobehavioursupport.com](http://www.jogobehavioursupport.com)**

For many children, playing does not come easily and it is a skill that needs to be encouraged and developed. However, parents/carers and professionals are often given little support to understand the necessity of play and how to use playful activities to develop the children's play skills. This practical and playful workshop will explore *The Importance of Play, Different stages of Play, How best to encourage play skills in the different stages, and Practical tools to enhance play skills.*

### **Workshop D: Girls with ASD – AOS Staff**

This workshop outlines the profile of girls on the autism spectrum and provides guidelines for a different emphasis needed to support them in educational settings.

### **Costs**

**School Staff: £40; Nursery, Pre-school staff and Childminders: £30**

**30 FREE places for parents**

**For further details or to book a place please contact Specialist Teaching Services at [AOSTraining@leics.gov.uk](mailto:AOSTraining@leics.gov.uk) stating: Name, Place of Work, Dietary Requirements, Workshop Choices (x2) + details for invoicing – Cancellations after 1/3/18 will be charged full price.**