### Supported Living Demand and Need in Leicestershire

# Quarterly Update at 5<sup>th</sup> July 2021

## **Brief Overview**

Those with learning disability remain the highest category of service user living within Supported Accommodation.

However, general areas of growth for Leicestershire include:

- those with mental health conditions;
- transitions (aged 16-20);
- individuals who require fully accessible wheelchair accommodation;
- older adults (50+ years) with additional needs (dementia, mental health, substance misuse);
- individuals who come under the umbrella of the Transforming Care Programme (TCP).

Charnwood (Loughborough), North West Leics (Coalville) and Hinckley are the areas which see the highest demand but more recently Harborough District has also seen demand rise.

### **Current Demand**

These current referrals to Pathway to Supported Living, so are ready to move. They are not all immediately in need of accommodation; they may require a move between 6- and 18-months' time.

Some may be provisionally matched to accommodation we have in the pipeline.

Total number of people	182
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# **Demand by client group**

Learning Disability / Autistic Spectrum Disorder	Mental Health	Physical Disability (includes ABI*)
122	48	12

• ABI = Acquired Brain Injury

## Demand by age

Under 18	18-19	20-24	25-54	55+
17	12	28	102	23

### Demand by current accommodation

Residential	Hospital	Childrens Residential	Other (family home, unspecified etc)
Care	Setting	Home	
66	16	5	95

Demand by type of accommodation required within locations\*

	Charnwood	Blaby,	Harborough	Hinckley	Melton	North
		Oadby,	District	&	District	West
		Wigston		Bosworth		Leics
Self-Contained	19	19	16	18	11	17
Accommodation						
Shared	23	26	18	28	12	17
Accommodation						
No preference	34	34	18	22	13	30
for						
accommodation						
identified						
Total	76	79	52	68	36	64

# \*Some people have specified they would consider more than one area which is why totals are greater than total demand

Of the current transforming care inpatients further enquiries are being made relating to 5 patients with an indicative discharge date within 12 months. Both the date and their needs are to be confirmed. Updated information will be shared as it becomes available via the DPS.

# **Unmet Accommodation Need**

Individuals who are actively seeking supported accommodation and where all existing voids, vacancies and pipeline develops have been considered and deemed to be not suitable/appropriate.

Since the last update we have changed the way we commission supported living and now have access to a considerable number of new providers.

Unmet Accommodation Need will now refer to those individual requirements that have been put through the DPS twice and have not received an offer.

Early indications show that the majority of previously reported unmet accommodation needs will be met through the DPS process.

We will continue to report progress on this area.

### **Mental Health**

There is work ongoing internally to improve the level of detail that can be shared relating to those with mental health support needs. Current locations include hospital, residential care or unstable accommodation.

### Types of support areas and skill set to support

Effective ways to support and ensure continued engagement

Safety within the home and wider environment

Forensic background and Ministry of Justice responsibility

Substance use, level of use and harm reduction strategies

Ongoing and emerging impact of COVID

Emerging trend - younger adults with mental health needs/personality disorder

### Types of property

New supply needs to be well located to access public transport and community amenities. Further factors to consider the wider housing environment and assessment on suitability.

- Less demand for shared environments however, larger premises with generous communal
  areas may be suitable to provide a step -down environment with a view to moving on to
  more settled accommodation.
- Small shared environments with sufficient communal space for settled accommodation (50+years)
- Block of 12-14 self- contained flats
- Cluster of self-contained properties in proximity

All potential options will be considered with input from relevant mental health colleagues to inform the authority's response.

### Medium term demand

There are currently 109 people living in residential care, that are working age and have a primary Mental Health support need.

Due to individual needs and potential fluctuation in wellbeing a measured approach is required to identify when people are ready to move on. It is known that a number will not require scheme based provision and can move into the community and receive outreach/floating support.

A point to note is that a significant number of individuals are 50+ years of age and access to Extra Care has at times not proven to be appropriate due to other behaviours ie smoking, alcohol consumption or behaviours indicating distress that may not be understood by the wider scheme.

These age factors and behaviours may be best accommodated in small shared environments for those ready to move on from residential care.

As stated above, all potential options will be considered with input from relevant mental health colleagues to inform the authority's response and we will continue to improve on the level of detail provided.