



# Information for adult social care providers

## Covid-19 and Flu

### Bulletin 139 – 21 April 2022

Dear Colleagues,

#### Testing guidance

The [national testing guidance](#) was updated and released on 19 April. It is understood that this version presents aspects of the guidance in a different layout and does not contain material changes.

#### Care home stock of test kits

Care homes should ensure that they maintain sufficient stock of PCR and LFD kits in order to perform potential outbreak testing, in the event of an outbreak. This requires LFD and PCR testing for all staff and all residents on day 1 of the outbreak, and a second round of LFD and PCR testing for all staff and all residents between day 4 and 7 of the outbreak. A final round of outbreak recovery testing will require a PCR test for all staff and residents 10 days after the last positive test was recorded. In addition, after the first positive test, staff should perform daily lateral flow tests (every day they are working) for 5 days.

As these kits are used, they should be reordered to maintain the required level of stock. Care homes should not reorder every 10 days when they have sufficient stock.

119 can still be used to order test kits as a last resort but should only be used in emergencies.

#### Pop-up vaccination clinics

Further pop-up vaccination clinics have been confirmed for the next few days. Sometimes, opening times may change or clinics are stood down, so please check [the website](#) for the latest information.

Location	Address	Dates running	Time	Doses offered
Melton Sports Village	Burton Road, Melton Mowbray, LE13 1DR	21/04/2022 – 22/04/2022	11am – 5pm	For: 5+ 1st, 2nd, 3rd, or 1 <sup>st</sup> booster doses
Lidl, Fosse Road	217 Fosse Road North, Leicester, LE3 5EZ	21/04/2022 – 23/04/2022	10am – 6pm	For: 5+ 1st, 2nd, 3rd, or 1 <sup>st</sup> booster doses
		24/04/2022	10am – 5pm	For: 5+ 1st, 2nd, 3rd, or 1 <sup>st</sup> booster doses
St Luke's Hospital Car Park	33 Leicester Road, Market Harborough, LE16 7BN	23/04/2022 – 24/04/2022	10am – 6pm	For: 5+ 1st, 2nd, 3rd, or 1 <sup>st</sup> booster doses

## Personal care

Queries have been raised by care home managers about the definition of 'personal care' for visitors providing such support, as referred to in the [guidance](#) applicable from 4 April.

This regulated activity involves supporting people in their homes (or where they're living at the time) with things like washing, bathing or cleaning themselves, getting dressed or going to the toilet.

The Health and Social Care Act 2008 (Regulated Activities) Regulations 2014 defines 'personal care' as:

a) Physical assistance given to a person in connection with:

- Eating or drinking (including the administration of parenteral nutrition)
- Toileting (including in relation to the process of menstruation)
- Washing or bathing
- Dressing
- Oral care
- The care of skin, hair and nails (with the exception of nail care provided by a chiropodist or podiatrist); or

- b) The prompting, together with supervision, of a person, in relation to the performance of any of the activities listed in paragraph (a), where that person is unable to make a decision for themselves in relation to performing such an activity without such prompting and supervision. This prompting does not include, for example, support that is not personal care, for example checking on person's emotional wellbeing.

## **Capacity tracker care market survey deadline extended**

As you know from previous bulletins, capacity tracker data collection will continue into 2023. There's still time to contribute to the national capacity tracker care market survey. As many contributions as possible are needed to build a comprehensive picture of local need and provision. The survey closing date has been extended to 1 May 2022.

Take the survey by signing into the capacity tracker [here](#)

## **Finance Update**

### *Market Sustainability and Fair Cost of Care*

Many thanks to those care homes that submitted a cost of care survey to Care Analytics recently; the quality of those submissions was very good. We expect to receive the analysis of the cost of care in the coming weeks. We will then publish that analysis together with information relating to the market sustainability plan for a further round of provider engagement.

We have also commissioned Care Analytics to undertake the cost of care analysis in the home care sector. Having undertaken the analysis which was the basis for the Home Care for Leicestershire procurement, they are in a strong position to build on this work to determine the current cost of care for home care services in Leicestershire. More information will follow on this in the coming weeks.

### *Adult Social Care Worker Winter Retention Package*

The vast majority of providers have now been paid; total payments to providers in Leicestershire will be in the region of £6.8 million. There are a relatively small number of provider queries which we are in the process of resolving. In order to evaluate the impact of this initiative a short [online survey](#) is available, which we hope you will take a few minutes to complete.

If you have any questions, please contact Dave Pruden at [dave.pruden@leics.gov.uk](mailto:dave.pruden@leics.gov.uk)

## **Other news: Sign up to NHS email and SystmOne**

Care homes that currently use NHS email and SystmOne (the GP health record system) have reported how useful it is. Information of a sensitive nature can be shared whilst remaining GDPR compliant.

Sign up here:

- [NHS email](#)
- [SystemOne](#)

Yours sincerely

Jon Wilson  
Director of Adults and Communities

Mike Sandys  
Director of Public Health

The archive of all previous COVID-19 provider bulletins released since March 2020 can be found at <https://resources.leicestershire.gov.uk/adult-social-care-and-health/working-with-you-during-coronavirus>